



LivingNâm Festival

5-7 June

Almeria, Spain

Yoga
Qi-Gong
Sufi Dance

Concerts
Workshops
Meditation

The Garden of Nâm
Meditation & Retreat Centre

Embark on an extraordinary journey

In a time when humanity is searching for deeper peace, harmony, and authentic connection, Living Nâm offers a space to remember our shared essence beyond religion, beyond ideology, beyond division.

This three-day festival is an invitation to experience unity through meditation, chanting, sacred poetry of Sufi sages, Samaa, whirling, yoga, dances of universal peace and concerts from artists that share with us the mystical music of the world, bringing different traditions together under one umbrella: *Living as One*.



You are welcome in **The Garden of Nâm, Meditation & Retreat Center**. An oasis in the heart of Almería, Spain, created in the vision of Yoginâm, the founder of LivingNâm. Enjoy the meditative garden with its meandering paths and tranquil corners.

- Delight in panoramic views of the majestic mountains.
- Savor fresh, garden-to-table fruits and vegetables.
- Embrace the simplicity and beauty of Andalusian-style architecture.
- Enjoy homegrown food, prepared by our Ayurvedic cook

Introducing Living Nâm

Living Nâm is a simple and direct way, beyond traditions and religions, of reconnecting with the essence of our being the source of well-being, meaning, and inner peace. It is a way to *Optimal Living*.

When we lose contact with this essence, the search for happiness often becomes an endless search outside ourselves. Living Nâm gently brings attention back to what is already present within us.

It is not a belief system, religion, or method to follow. It is an open invitation to discover the deeper relationship between yourself and the world. Inspired by the perception and way of living of Yoginâm, Living Nâm creates a space where different spiritual traditions can meet — not to become one system, but to recognize the same living essence that connects us all.

An introduction in Sufism

Sufism is the mystical path within Islam that focuses on the direct experience of divine love and unity. Rather than emphasizing doctrine, Sufism invites the seeker to awaken the heart through remembrance, music, poetry, meditation, and service.

For Sufis, the journey is one of inner transformation — moving from the ego toward the realization that the Divine presence lives within all beings. Through practices such as sacred listening (Sama), chanting (Dhikr), and poetry, the heart gradually opens to love, compassion, and unity.

At its essence, Sufism is the path of love — a path that reminds us that behind all differences, there is only one source, one truth, and one shared humanity.



Day 2 – Sufi day The Path of Love

10:00 Asha Meditation

11:00 – The Valley of love
with Rila and Uygar

Inspired by The Conference of the Birds by Farid ud-Din Attar
Meditation, Poetry, Background Music

14:30 Lunch

16:00 – Buddha and Yunus Emre

-the path of enlightenment with the light of the heart , Ilahis of Yunus and the map of Nirvana

Bridging silence and devotional poetry.

18:00 – Dances of Universal Peace
with Rila and Aitana

19:00 - Dinner

21:00 – Sufi Meshk

with Rila, Uygar, Aitana, Andros, Laura and Fermin

Together we travel spiritually to Turkey — the home of Rumi and Yunus Emre — mystic lovers who sang and wrote poetry for divine love. accompanied by Andalucian friends with their mystic music.



Day 3 – Embodying Unity

10:00 – Asha meditation

11:00 – Kundalini Yoga
with Sana van Breemen

12:30 – Energetic Body Re-Alignment
with Alexander Gustave van Breemen

14:30 - Lunch

16:00 - Breath & Chanting
Alexander Gustave van Breemen – Sana van Breemen

18:00 – HarpMood by Yoginâm

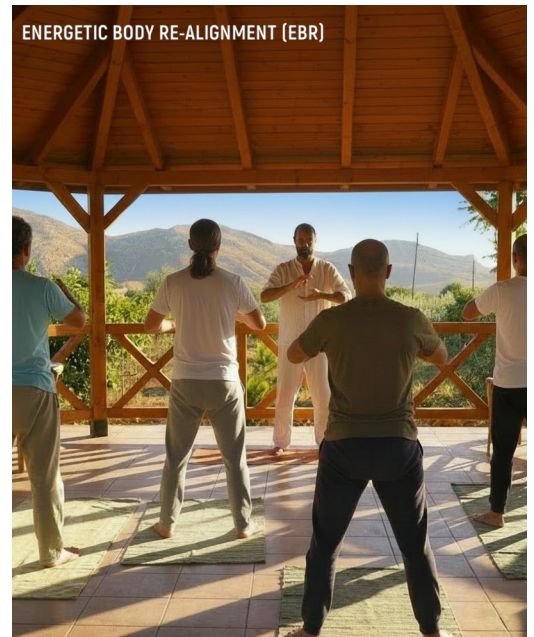
A HarpMood is a unique encounter in which Yoginâm communicates on a different level with the sound of the Harp. In an attitude of openness one can discover its value. HarpMood magnifies and transforms your detrimental programmes of perception and opens you gradually to the state of being where all descriptions of experiences fail.

19:00 - Dinner

20:30 – Final Concert – Mystical music and Nâm Chanting

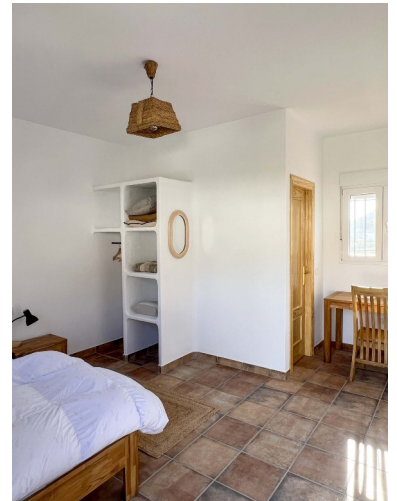
In this concert one can discover the depth of the mystical songs by Alexander Gustave van Breemen who was inspired by this through poems and texts of Yoginâm. Highlight are the Nâm Chants that were shared by him since 15 years with people across the continents, from different cultures and backgrounds. A happening that joyfully and gracefully concludes an extraordinary 3 days.

Alexander Gustave van Breemen - Sana Van Breemen - Hubertus Bahorie - Friends



WHAT IS INCLUDED:

- 3 nights in one of the Andalucian style guestrooms
- 3 meals a day
- Snacks, coffee, tea, mountain spring water
- All day workshops
- All evening concerts
- Daily meditation sessions



Accommodation packages:

Basic (shared) room:	€ 380,- p.p.
Basic (private) room:	€ 395,-
Comfort (shared) room:	€ 425,- p.p.

Seperate tickets:

1 evening concert:	€ 20,-
all workshops (1 day)	€ 50,-
combi: workshops + concert	€ 60,-

Only limited accommodation spaces available. Contact us to make your reservation.

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